#### CHURCH DIARY

Sun 12 <sup>th</sup>	10.00 am	Morning service
	12.30 pm	Sunday Lunch Club for those who have booked (Clifford Hall)
Mon 13 <sup>th</sup>	10.30 am	P.O.G Meeting (Barnett Barn)
	2-3.30 pm	CAMEO (Buckhurst Room) – EVERYONE WELCOME!
		- New Beginnings: Pastor David Lockwood
	3 - 5 pm	Space Club (Beulah Centre)
	7.30 pm	Prayer Week: praying for Connect Groups (Buckhurst Room)
Tue 14 <sup>th</sup>	10.00 am	Toddlers (Beulah Centre)
	10.00 am	Prayer Week: Day Centre, CAMEO (Buckhurst Room)
	2.00 pm	Connect Group (Buckhurst Room)
	2 - 4 pm	Art Club (Clifford Hall)
	6-7.30 pm	Limitless Youth Club (Beulah Centre)
	7.30 pm	RunningSpace (Clifford Hall)
	7.30 pm	Connect Group (Barnett Barn)
Wed 15 <sup>th</sup>	10 - 12 pm	Ukrainian Hub (Beulah Centre)
	11-12.30pm	Coffee Drop-in and Community Meals (Clifford Hall)
	2 - 4 pm	Connect Group (Buckhurst Room)
	7.30 pm	Connect Group (Barnett Barn)
	7.30 pm	Prayer Week: Pastoral & Healing (Buckhurst Room)
Thu 16 <sup>th</sup>	9.00 am	Clifford Day Centre (Clifford Hall)
	10.00 am	Prayer Week: Community & Evangelism (Buckhurst Room)
	7.30 pm	Worship Group Rehearsal (Sanctuary)
Fri 17 <sup>th</sup>	10.00 am	Connect Group (Barnett Barn)
	10.00 am	Prayer Week: Worship, preaching, prayer ministry,
		volunteers (Buckhurst Room)
	3-4.30 pm	Board Games Club (Buckhurst Room)
	7.30 pm	Square Dancing (Clifford Hall)
Sat 18 <sup>th</sup>	10.00 am	Prayer Week: Children & Young people (Buckhurst Room)
Sun 19 <sup>th</sup>	10.00 am	Morning Service
	6-7.30 pm	Ethos (Barnett Barn)



#### Sunday - 10 am

Today's sermon: Mental Health, a biblical perspective

Preacher: Rev. David Lockwood

A warm welcome to anyone here for the first time today.

Please make yourself known to a steward.

Prayer prior to the service will take place in the

Buckhurst Room from 9am.

### Motto Verse for 2025

'I am not ashamed of the gospel, because it is the power of God that brings salvation to everyone who believes.'

Romans 1:16

#### Our vision

Knowing Jesus, Transforming people,

Changing society

There are collection boxes for your offering as you enter the sanctuary or exit for refreshments. If you wish to donate via BACS the account details for Beulah are Barclays Bank, Beulah Baptist, Sort Code 202791 A/c No 70094730 There is now also an option for contactless giving via our card machines, located in the foyer or on the reception desk.

> Beulah Baptist Church Tel: (01424) 730001 Email: <u>office@beulahbaptist.co.uk</u> Web: beulahbaptist.co.uk

# Week of Prayer and Fasting - January 13th - 18th 2025

As we begin the New Year it is a great time for the church to pray and seek the Lord together.

During this week there will be various prayer meetings happening, but even if we are unable to be there, we can still pray following the programme below:

13 <sup>th</sup> January – Monday, 7:30pm	Connect Groups Buckhurst Room
14 <sup>th</sup> January – Tuesday, 10.00am	Day Centre, C.A.M.E.O Buckhurst Room
15 <sup>th</sup> January – Wednesday, 7.30pm	Pastoral and Healing Buckhurst Room
16 <sup>th</sup> January – Thursday, 10:00am	Community and Evangelism: <i>Alpha,</i> <i>Community Meals &amp; coffee drop-in,</i> <i>Beulah-run clubs</i>
17 <sup>th</sup> January – Friday, 10.00am	Worship, preaching, prayer ministry & volunteers Buckhurst Room
19 <sup>th</sup> January – Saturday, 9:30am	Children and Young People Buckhurst Room & Sanctuary



## A note on Fasting:

Fasting can be giving up more than just food. What takes up your time that you can sacrifice and use to spend in prayer instead? Fasting is an important spiritual discipline. It helps shake us out of what can become comfortable, and draws us to reflect upon who/what is important in our life and why. For some people giving up screen time is a greater sacrifice than giving up food! What can you give up that you hunger for?

**Many many thanks** to everyone who helped dismantling the Christmas decorations last week, the help was really appreciated!

The January **Church Members Meeting** will be held on <u>Monday January</u> <u>20<sup>th</sup> at 7.30pm in the Clifford Hall</u>. Tea and coffee served from 7.00 pm. Please put the date in your diary!

**Beulah Arts and Crafts Exhibition:** This year the Arts & Crafts Exhibition will be held on the <u>10<sup>th</sup> & 11<sup>th</sup> May 2025</u>. You are invited to submit a piece of creative work that reflects either: a) one of the miracles Jesus performed or b) one of the parables Jesus told. Any creative art form is welcome! Painting, pottery, photography, cross stitch, cake craft, flowers, tapestry, poetry, prose, etc. One piece per person, please. NOT A COMPETITION, NO WINNERS, NO PRIZES. OPEN TO ALL AGES. FREE TO ENTER. Please read the guidance notes available from the church office, speak to Bryan Henley for any questions.

**SafeTALK** - Beulah is hosting accessible, half-day training, giving you confidence to provide initial support to someone who may be at risk of suicide. The course will be delivered by Jacqueline Youldon, one of Beulah's attendees and founder of RunningSpace<sup>™</sup>, a BBC award-winning local suicide-prevention charity. Saturday 15<sup>th</sup> February, 9.30am - 1.00pm in the Clifford Hall, tea and coffee

will be provided but please bring your own refreshments. To sign up for this (free) course, please contact the office (office@beulahbaptist.co.uk)

**Ministry beyond Beulah:** some of our members who regularly preach at Beulah often preach in other churches. They serve a wider ministry and could appreciate prayers as they do so. <u>Brian Wightwick:</u> The Broadway Church, Hampden Park - 12<sup>th</sup> January at 10am

Polegate Free Church - 26<sup>th</sup> January at 10.30am and 6.30 pm

Love your town. **Prayer walking** the town centre area. <u>Tuesday 21<sup>st</sup> January</u> <u>2025</u>. We meet in the <u>Buckhurst Room at 10 am</u> for prayer, then we head out for about an hour. All Welcome. Speak to Bryan Henley for more details.

**Speaker at Freedom Church** - Simon Guillebaud will be speaking at Freedom Church, Sidley on <u>Sunday 26<sup>th</sup> January at 6.00pm</u>. The talk will be inspirational to both believers and unbelievers alike, and will be based on the passage in Deuteronomy 30:11-20. Simon is a missionary and evangelist who has lived and worked in Burundi for a number of years and is a nationally known speaker.