

Spiritual warfare, as described in *Ephesians 6:10-20*, emphasises the believer's need for divine strength in battling unseen forces of evil. Paul urges Christians to "be strong in the Lord" and to put on the *armour of God* to stand against the devil's schemes. This armour includes the *belt of truth, breastplate of righteousness, shoes of the gospel of peace, shield of faith, helmet of salvation, and the sword of the Spirit*, which is the Word of God. These spiritual tools protect believers from deception, temptation, and attacks from demonic forces. Paul reminds us that the struggle is not against flesh and blood but against principalities and spiritual darkness. Prayer is essential, keeping believers vigilant and empowered. Ultimately, victory in spiritual warfare comes through faith in Christ, reliance on God's strength, and perseverance in prayer, ensuring that believers stand firm against evil.

Think about the whole letter to the Ephesians and its themes. Why do you think Paul is finishing on this section?

Read Ephesians 6:10-20

1. What does Paul mean when he says, "Be strong in the Lord and in His mighty power" (v. 10)?
2. What is the purpose of putting on the *full armour of God* (v. 11)?
3. Who are we really fighting against, according to verse 12? Read also Ephesians 2:1-3
4. What does Paul mean by "the rulers, authorities, and spiritual forces of evil" (v. 12)?

5. Why is it important to "stand your ground" (v. 13)?
6. Why do you think Paul emphasizes spiritual strength rather than physical strength?
7. What does this passage reveal about the nature of spiritual warfare?
8. How does understanding our enemy help us in our Christian walk?
9. What are some ways you can put on the armour of God daily?
10. How can you stand firm in your faith when facing spiritual battles in your life?
11. How does relying on God's strength, rather than your own, change the way you approach struggles?
12. This passage is written to a local church; it is just as much collective in its application as personal. How does this reading challenge you when it comes to praying together as a church? Do you find it easy to pray in a larger group? Do you think about joining with others during the church prayer meetings on Wednesday and Sunday morning?

Prayer Points

Please pray for our nation, those serving in schools, NHS and emergency services.

Pray for CAMEO, a group that meets at the church. Pray for those who come to speak and for the team who lead it.

Sermon Notes

It's a F _____

How do I/We F _____



BIBLE STUDY

February 23rd 2025

The Armour of God: Spiritual Warfare Ephesians 6:10-20

As we read in our series on Daniel last year, an unseen battle is going on around us in the spiritual realm. In Paul's letter we see that God has provided everything we need to stand firm and resist evil, but we are called to be actively aware of both the struggle and the resources available.

In Ephesians 6, the apostle Paul gives us the clearest description anywhere in Scripture of believers' resources for the spiritual battle. He vividly describes them as armour, which we must repeatedly take up in prayerful reliance on God.

If you would like to join a Connect Group, please contact the church office 01424 730001