

Salvation in the Christian faith is the deliverance from sin and its consequences, made possible through Jesus Christ's death and resurrection. It is the gift of eternal life given to those who believe in Him. Salvation is by Grace through Faith, Ephesians 2:8-9. Salvation is not something we earn; it is a free gift from God received by faith. Jesus is the only way to Salvation, John 14:6. Salvation brings forgiveness and eternal life.

Romans 6:23. Salvation includes repentance and faith.

Acts 3:19. Salvation is Assured for Believers.

Romans 10:9 – A person who truly believes in Jesus is saved and secure in Him.

How would describe salvation in everyday terms? Is it just about eternal life in the future or does it include the present also?

Read Ephesians 6:14-17

1. How does a helmet function in a soldier's armour? Why do you think Paul compares salvation to a helmet?
2. How does salvation protect the believer's mind?
3. What does this tell you about the power and nature of faith when it comes to the battle in the mind?

4. In what ways does the helmet of salvation relate to our assurance in Christ? (See Romans 8:38-39)
5. What are some ways the enemy tries to attack your mind and confidence in salvation? **2 Corinthians 10:3-5**
6. What we think about, shapes our lives. How can you put on the helmet of salvation daily? **Romans 12:2 , Isaiah 26:3**
7. How does knowing you are saved change the way you think and live?
8. How can you encourage others to wear their helmet of salvation?

Prayer Points

Please pray for people who are considering baptism. Pray that they may know God's leading as we explore the subject in the coming month.

BMS Prayer diary – pray for Valerie Kisaber in Uganda, who works with caregivers to ensure that spaces at home, in school and in the community are ones where young people can safely learn and thrive.

Sermon Notes



BIBLE STUDY

March 30th 2025

The Armour of God: The Helmet of Salvation Ephesians 6:17

As we read in our series on Daniel last year, an unseen battle is going on around us in the spiritual realm. In Paul's letter we see that God has provided everything we need to stand firm and resist evil, but we are called to be actively aware of both the struggle and the resources available.

In Ephesians 6 the apostle Paul gives us the clearest description anywhere in Scripture of believers' resources for the spiritual battle. He vividly describes them as armour, which we must repeatedly take up in prayerful reliance on God.

If you would like to join a Connect Group, please contact the church office 01424 730001